

**Request for Proposals: Child Well-Being-Preventing Maltreatment and Building Healthier Families  
Through Mental Health and Trauma Responsive Services**

**Metric Document**

*Outcome statements:*

*Fewer children ages 0-5 will experience maltreatment*

*Children 0-18 in substitute care will not experience additional or repeated maltreatment*

*All parents & caregivers, especially those in zip codes 61821 and 61802 will have increased access to supports that reduce stress and risk of child maltreatment*

*The community will have increased capacity to address the needs of children and adults who have experienced trauma*

*Children and adults who have experienced trauma will have increased support available*

***Applicants must select at least one outcome statement and measure at least one indicator along with the required outputs and a minimum of two additional outputs.***

**Outcome Statement:** *Fewer children ages 0-5 will experience maltreatment*

- Indicator: # and % of parents/caregivers of children 0- 5 demonstrating increased parenting knowledge of healthy child development
  - Required Outputs:
    - # of Asian children 0-5 in the home
    - # of Black children 0-5 in the home
    - # of Hispanic children 0-5 in the home
    - # of Multiracial children 0-5 in the home
    - # of Native American children 0-5 in the home
    - # of Pacific Islander children 0-5 in the home
    - # of White children 0-5 in the home
  - Additional Outputs:
    - # of counseling/alternative counseling sessions
    - # of crisis prevention and safety plans implemented
    - # of parenting skill development/parent education sessions (Includes: peer support, support groups, conversation cafes, anger management)
    - # of home visits
    - # of respite services provided
    - # of parents/caregivers understand how anxiety, exhaustion, depression, anger, and other stressors can affect their ability to parent
  
- Indicator: # and % of parents/caregivers know how to create a physically and emotionally safe home environment for their children
  - Required Outputs:

- # of Asian children 0-5 in the home
- # of Black children 0-5 in the home
- # of Hispanic children 0-5 in the home
- # of Multiracial children 0-5 in the home
- # of Native American children 0-5 in the home
- # of Pacific Islander children 0-5 in the home
- # of White children 0-5 in the home
- Additional Outputs
  - # of parents/caregivers know how to screen roommates or guests in their home who may pose a threat to their children
  - # of parents/caregivers know how to select appropriate caregivers, including respite providers, for their children
  - # of parents/caregivers know where to get help when they are experiencing stress (respite programs, anger management classes, mental health counseling, parent support groups, reliable friends and family members, etc.)
  - # of parents/caregivers can describe healthy methods to reduce stress
  - # of parents/caregivers can describe effective, nonviolent methods of discipline
  - # of parents/caregivers know realistic expectations for their children's behavior
  - # of parents/caregivers develop a plan to create a child-safe home
  - # of parents/caregivers understand how to share their feelings and concerns in productive ways
  - # of parents/caregivers understand how family lifestyle choices can reduce or increase stress and/or anger
  - # parents/caregivers can describe how to solve problems effectively and assertively without aggression or violence
  - # of parents/caregivers describe healthy techniques for gaining control of their emotions
  - # of parents/caregivers know the negative consequences of physical punishments and coercion, and know appropriate alternatives
  - # of parents/caregivers know the legal definitions of child abuse and neglect

**Outcome Statement:** *Children 0-18 in substitute care will not experience additional or repeated maltreatment*

- Indicator: # and % families receiving **intervention services** which reduce harm and prevent additional or repeated maltreatment
  - Required Outputs:
    - # of Asian children 0-5 in substitute care
    - # of Black children 0-5 in substitute care
    - # of Hispanic children 0-5 in substitute care
    - # of Multiracial children 0-5 in substitute care
    - # of Native American children 0-5 in substitute care
    - # of Pacific Islander children 0-5 in substitute care
    - # of White children 0-5 in substitute care

- # of Asian children 6-18 in substitute care
    - # of Black children 6-18 in substitute care
    - # of Hispanic children 6-18 in substitute care
    - # of Multiracial children 6-18 in substitute care
    - # of Native American children 6-18 in substitute care
    - # of Pacific Islander children 6-18 in substitute care
    - # of White children 6-18 in substitute care
  - Additional Outputs:
    - # of counseling/alternative counseling sessions
    - # of crisis prevention and safety plans implemented
    - # of anger management sessions
    - # of parenting skill development/parent education sessions
    - # of home visits
- Indicator: # and % of parents/caregivers know how to create a physically and emotionally safe home environment for their children
    - Required Outputs:
      - # of Asian children 0-5 in substitute care
      - # of Black children 0-5 in substitute care
      - # of Hispanic children 0-5 in substitute care
      - # of Multiracial children 0-5 in substitute care
      - # of Native American children 0-5 in substitute care
      - # of Pacific Islander children 0-5 in substitute care
      - # of White children 0-5 in substitute care
      - # of Asian children 6-18 in substitute care
      - # of Black children 6-18 in substitute care
      - # of Hispanic children 6-18 in substitute care
      - # of Multiracial children 6-18 in substitute care
      - # of Native American children 6-18 in substitute care
      - # of Pacific Islander children 6-18 in substitute care
      - # of White children 6-18 in substitute care
    - Additional Outputs:
      - # of parents/caregivers know how to screen roommates or guests in their home who may pose a threat to their children
      - # of parents/caregivers know how to select appropriate caregivers, including respite providers, for their children
      - # of parents/caregivers know where to get help when they are experiencing stress (respite programs, anger management classes, mental health counseling, parent support groups, reliable friends and family members, etc.)
      - # of parents/caregivers can describe healthy methods to reduce stress
      - # of parents/caregivers can describe effective, nonviolent methods of discipline
      - # of parents/caregivers know realistic expectations for their children's behavior
      - # of parents/caregivers develop a plan to create a child-safe home

- # of parents/caregivers understand how to share their feelings and concerns in productive ways
- # of parents/caregivers understand how family lifestyle choices can reduce or increase stress and/or anger
- # parents/caregivers can describe how to solve problems effectively and assertively without aggression or violence
- # of parents/caregivers describe healthy techniques for gaining control of their emotions
- # of parents/caregivers know the negative consequences of physical punishments and coercion, and know appropriate alternatives
- # of parents/caregivers know the legal definitions of child abuse and neglect

**Outcome Statement:** *All parents & caregivers, especially those in zip codes 61821 and 61802 will have increased supports that reduce stress and risk of child maltreatment*

- Indicator: # and % of parents/caregivers in homes where crisis is prevented or no longer in crisis
  - Required Outputs:
    - # of Asian children 0-18 in the home
    - # of Black children 0-18 in the home
    - # of Hispanic children 0-18 in the home
    - # of Multiracial children 0-18 in the home
    - # of Native American children 0-18 in the home
    - # of Pacific Islander children 0-18 in the home
    - # of White children 0-18 in the home
    - # of parents/caregivers served in zip code 61821
    - # of parents/caregivers served in zip code 61802
  - Additional Outputs:
    - # of parenting skill development/parent education sessions
    - # of home visits
    - # of crisis prevention and safety plans implemented
    - # of parents/caregivers are aware of the crisis nurseries or emergency respite programs in their community
    - # of parents/caregivers know how to access emergency shelter, crisis care, or domestic violence programs as needed to keep their children and themselves safe
    - # of parents/caregivers know how to access formal support systems in their communities
    - # of referrals resulting in employment training/workforce development
    - # of referrals resulting in access to food supports
    - # of referrals resulting in access to shelter/housing/utility supports
    - # of referrals resulting in access transportation supports
    - # of referrals resulting in access to technology supports
    - # of referrals resulting in primary healthcare services provided (ex. medical, dental, vision)

- # of referrals resulting in behavioral healthcare services provided
  - # of new services introduced to households in 61821 and 61802
- Indicator: # and % of parents/caregivers know the importance of having informal and mutual support networks of friends, family, and neighbors
  - Required Outputs
    - # of Asian children 0-18 in the home
    - # of Black children 0-18 in the home
    - # of Hispanic children 0-18 in the home
    - # of Multiracial children 0-18 in the home
    - # of Native American children 0-18 in the home
    - # of Pacific Islander children 0-18 in the home
    - # of White children 0-18 in the home
    - # of parents/caregivers served in zip code 61821
    - # of parents/caregivers served in zip code 61802
  - Additional Outputs
    - # of parents/caregivers know how reliable, safe, and appropriate friends, family members, and neighbors can provide their families with support when they need it
    - # of parents/caregivers know their personal need for support
    - # of parents/caregivers engaged in peer support
    - # of parents/caregivers involved in support groups
    - # of parents/caregivers participating in conversation cafes
    - # of parents/caregivers involved in play groups

**Outcome Statement:** *The community will have increased capacity to address the needs of children and adults who have experienced trauma*

- Indicator: # and % of improved organizational structures or enhanced partnerships which will increase mental health services
  - Required Outputs:
    - # of new counseling/alternative counseling sessions
    - # of new staff hired
    - # of new volunteers trained
    - # of new partnerships
  - Additional Outputs
    - # of home visits
    - # of services provided in-office
    - # of services provided in-home (includes telehealth)
    - # of services provided in alternative locations (ex. schools, churches, community centers)
    - # of days on average from first contact until initial assessment/evaluation
    - # of clients receiving clinical services for the first time

**Outcome Statement:** *Children and adults who have experienced trauma will have increased support available*

- Indicator: # and % of clients receiving care from this funded project
  - Required Outputs:
    - # of Asian adults
    - # of Black adults
    - # of Hispanic adults
    - # of Multiracial adults
    - # of Native American adults
    - # of Pacific Islander adults
    - # of White adults
    - # of Asian children 0-18
    - # of Black children 0-18
    - # of Hispanic children 0-18
    - # of Multiracial children 0-18
    - # of Native American children 0-18
    - # of Pacific Islander children 0-18
    - # of White children 0-18
  - Additional Outputs:
    - # of clients accessing clinical services
    - # of clients receiving clinical services for the first time
    - # of consumers accessing non-clinical or preventative care (E.g., anger/stress management, social/emotional learning sessions)
    - # of days on average from first contact until initial assessment/evaluation
    - # of crisis prevention and safety plans implemented
    - # of services provided in-office
    - # of services provided in-home (includes telehealth)
    - # of services provided in alternative locations (ex. schools, churches, community centers)
  
- Indicator # and % of clients demonstrate understanding of their own emotional, psychological, and social well-being
  - Required Output
    - # of Asian adults
    - # of Black adults
    - # of Hispanic adults
    - # of Multiracial adults
    - # of Native American adults
    - # of Pacific Islander adults
    - # of White adults
    - # of Asian children 12-18
    - # of Black children 12-18
    - # of Hispanic children 12-18
    - # of Multiracial children 12-18

- # of Native American children 12-18
  - # of Pacific Islander children 12-18
  - # of White children 12-18
- Additional Outputs
  - # of clients with increased self-reported emotional intelligence
  - # of clients with increased report of resilience
  - # of clients with increased # of or quality of social connections
  - # of clients with increased self-care identified and implemented
  - # of visits by consumers receiving care from this funded project
  - # of clients accessing clinical services
  - # of clients receiving clinical services for the first time
  - # of clients accessing non-clinical or preventative care (E.g., anger/stress management, social/emotional learning sessions)
- Indicator: # and % of parents/caregivers know the importance of having informal and mutual support networks of friends, family, and neighbors
  - Required Outputs
    - # of Asian children 0-18 in the home
    - # of Black children 0-18 in the home
    - # of Hispanic children 0-18 in the home
    - # of Multiracial children 0-18 in the home
    - # of Native American children 0-18 in the home
    - # of Pacific Islander children 0-18 in the home
    - # of White children 0-18 in the home
    - # of parents/caregivers served in zip code 61821
    - # of parents/caregivers served in zip code 61802
  - Additional Outputs
    - # of parents/caregivers know how reliable, safe, and appropriate friends, family members, and neighbors can provide their families with support when they need it
    - # of parents/caregivers know their personal need for support
    - # of parents/caregivers engaged in peer support
    - # of parents/caregivers involved in support groups
    - # of parents/caregivers participating in conversation cafes
    - # of parents/caregivers involved in play groups