

FY 24 Request for Proposals: Child Well-Being-Preventing Maltreatment and Building Healthier Families Through Mental Health and Trauma Responsive Services

Metric Document

Outcome statements:

Fewer children ages 0-5 will experience maltreatment.

Parents & caregivers, especially those in zip codes 61821 and 61802 will have increased access to supports that reduce stress and risk of child maltreatment.

The community will have increased capacity to address the needs of children and adults who have experienced trauma.

Children and adults who have experienced trauma will have increased support available.

Applicants must select at least one outcome statement and measure at least one indicator along with the required outputs and a minimum of two additional outputs.

Outcome Statement: *Fewer children ages 0-5 will experience maltreatment*

- Indicator: # and % of parents/caregivers of children 0- 5 demonstrating increased parenting knowledge of healthy child development
 - Required Outputs:
 - # of Asian children 0-5 in the home
 - # of Black children 0-5 in the home
 - # of Hispanic children 0-5 in the home
 - # of Multiracial children 0-5 in the home
 - # of Native American children 0-5 in the home
 - # of Pacific Islander children 0-5 in the home
 - # of White children 0-5 in the home
 - Additional Outputs:
 - # of counseling/alternative counseling sessions
 - # of crisis prevention and safety plans implemented
 - # of parenting skill development/parent education sessions (Includes: peer support, support groups, conversation cafes, anger management)
 - # of home visits
 - # of respite services provided
 - # of parents/caregivers understand how anxiety, exhaustion, depression, anger, and other stressors can affect their ability to parent

- Indicator: # and % of parents/caregivers know how to create a physically and emotionally safe home environment for their children
 - Required Outputs:
 - # of Asian children 0-5 in the home
 - # of Black children 0-5 in the home

- # of Hispanic children 0-5 in the home
- # of Multiracial children 0-5 in the home
- # of Native American children 0-5 in the home
- # of Pacific Islander children 0-5 in the home
- # of White children 0-5 in the home
- Additional Outputs
 - # of parents/caregivers know how to screen roommates or guests in their home who may pose a threat to their children
 - # of parents/caregivers know how to select appropriate caregivers, including respite providers, for their children
 - # of parents/caregivers know where to get help when they are experiencing stress (respite programs, anger management classes, mental health counseling, parent support groups, reliable friends and family members, etc.)
 - # of parents/caregivers can describe healthy methods to reduce stress
 - # of parents/caregivers can describe effective, nonviolent methods of discipline
 - # of parents/caregivers know realistic expectations for their children's behavior
 - # of parents/caregivers develop a plan to create a child-safe home
 - # of parents/caregivers understand how to share their feelings and concerns in productive ways
 - # of parents/caregivers understand how family lifestyle choices can reduce or increase stress and/or anger
 - # parents/caregivers can describe how to solve problems effectively and assertively without aggression or violence
 - # of parents/caregivers describe healthy techniques for gaining control of their emotions
 - # of parents/caregivers know the negative consequences of physical punishments and coercion, and know appropriate alternatives
 - # of parents/caregivers know the legal definitions of child abuse and neglect

Outcome Statement: *Parents & caregivers, especially those in zip codes 61821 and 61802 will have increased access to supports that reduce stress and risk of child maltreatment*

- Indicator: # and % of parents/caregivers in homes where crisis is prevented or no longer in crisis
 - Required Outputs:
 - # of Asian children 0-18 in the home
 - # of Black children 0-18 in the home
 - # of Hispanic children 0-18 in the home
 - # of Multiracial children 0-18 in the home
 - # of Native American children 0-18 in the home
 - # of Pacific Islander children 0-18 in the home
 - # of White children 0-18 in the home
 - # of parents/caregivers served in zip code 61821
 - # of parents/caregivers served in zip code 61802
 - Additional Outputs:

- # of parenting skill development/parent education sessions
 - # of home visits
 - # of crisis prevention and safety plans implemented
 - # of parents/caregivers are aware of the crisis nurseries or emergency respite programs in their community
 - # of parents/caregivers know how to access emergency shelter, crisis care, or domestic violence programs as needed to keep their children and themselves safe
 - # of parents/caregivers know how to access formal support systems in their communities
 - # of referrals resulting in employment training/workforce development
 - # of referrals resulting in access to food supports
 - # of referrals resulting in access to shelter/housing/utility supports
 - # of referrals resulting in access transportation supports
 - # of referrals resulting in access to technology supports
 - # of referrals resulting in primary healthcare services provided (ex. medical, dental, vision)
 - # of referrals resulting in behavioral healthcare services provided
 - # of new services introduced to households in 61821 and 61802

- Indicator: # and % families engaged in **intervention services** which reduce harm and prevent additional or repeated maltreatment
 - Required Outputs:
 - # of Asian children 0-18 in the home
 - # of Black children 0-18 in the home
 - # of Hispanic children 0-18 in the home
 - # of Multiracial children 0-18 in the home
 - # of Native American children 0-18 in the home
 - # of Pacific Islander children 0-18 in the home
 - # of White children 0-18 in the home
 - # of parents/caregivers served in zip code 61821
 - # of parents/caregivers served in zip code 61802
 - Additional Outputs:
 - # of counseling/alternative counseling sessions
 - # of crisis prevention and safety plans implemented
 - # of anger management sessions
 - # of parenting skill development/parent education sessions
 - # of home visits
 - # of children 0-5 in substitute care
 - # of children 6-18 in substitute care

- Indicator: # and % of parents/caregivers know the importance of having informal and mutual support networks of friends, family, and neighbors
 - Required Outputs

- # of Asian children 0-18 in the home
- # of Black children 0-18 in the home
- # of Hispanic children 0-18 in the home
- # of Multiracial children 0-18 in the home
- # of Native American children 0-18 in the home
- # of Pacific Islander children 0-18 in the home
- # of White children 0-18 in the home
- # of parents/caregivers served in zip code 61821
- # of parents/caregivers served in zip code 61802
- Additional Outputs
 - # of parents/caregivers know how reliable, safe, and appropriate friends, family members, and neighbors can provide their families with support when they need it
 - # of parents/caregivers know their personal need for support
 - # of parents/caregivers engaged in peer support
 - # of parents/caregivers involved in support groups
 - # of parents/caregivers participating in conversation cafes
 - # of parents/caregivers involved in play groups

Outcome Statement: *The community will have increased capacity to address the needs of children and adults who have experienced trauma*

- Required Outputs:
 - # of new staff hired (additional positions resulting in increased capacity)
 - # of new volunteers trained
 - # of new partnerships
- Additional Outputs
 - # of home visits
 - # of services provided in-office
 - # of services provided in-home (includes telehealth)
 - # of services provided in alternative locations (ex. schools, churches, community centers)
 - # of days on average from first contact until initial assessment/evaluation
 - # of clients receiving clinical services for the first time

Outcome Statement: *Children and adults who have experienced trauma will have increased support available*

- Indicator: # and % of clients receiving care from this funded project
 - Required Outputs:
 - # of Asian adults
 - # of Black adults
 - # of Hispanic adults
 - # of Multiracial adults

- # of Native American adults
 - # of Pacific Islander adults
 - # of White adults
 - # of Asian children 0-18 in the home
 - # of Black children 0-18 in the home
 - # of Hispanic children 0-18 in the home
 - # of Multiracial children 0-18 in the home
 - # of Native American children 0-18 in the home
 - # of Pacific Islander children 0-18 in the home
 - # of White children 0-18 in the home
- Additional Outputs:
 - # of clients accessing clinical services
 - # of clients receiving clinical services for the first time
 - # of clients accessing non-clinical or preventative care (E.g., anger/stress management, social/emotional learning sessions)
 - # of days on average from first contact until initial assessment/evaluation
 - # of crisis prevention and safety plans implemented
 - # of services provided in-office
 - # of services provided in-home (includes telehealth)
 - # of services provided in alternative locations (ex. schools, churches, community centers)
- Indicator: # and % families engaged in **intervention services** which reduce harm and prevent additional or repeated maltreatment
 - Required Outputs:
 - # of Asian children 0-18 in the home
 - # of Black children 0-18 in the home
 - # of Hispanic children 0-18 in the home
 - # of Multiracial children 0-18 in the home
 - # of Native American children 0-18 in the home
 - # of Pacific Islander children 0-18 in the home
 - # of White children 0-18 in the home
 - Additional Outputs:
 - # of counseling/alternative counseling sessions
 - # of crisis prevention and safety plans implemented
 - # of anger management sessions
 - # of parenting skill development/parent education sessions
 - # of home visits
 - # of children 0-5 in substitute care
 - # of children 6-18 in substitute care
- Indicator # and % of clients demonstrate understanding of their own emotional, psychological, and social well-being
 - Required Output

- # of Asian adults
 - # of Black adults
 - # of Hispanic adults
 - # of Multiracial adults
 - # of Native American adults
 - # of Pacific Islander adults
 - # of White adults
 - # of Asian children 12-18
 - # of Black children 12-18
 - # of Hispanic children 12-18
 - # of Multiracial children 12-18
 - # of Native American children 12-18
 - # of Pacific Islander children 12-18
 - # of White children 12-18
- Additional Outputs
 - # of clients with increased self-reported emotional intelligence
 - # of clients with increased report of resilience
 - # of clients with increased # of or quality of social connections
 - # of clients with increased self-care identified and implemented
 - # of visits by clients receiving care from this funded project
 - # of clients accessing clinical services
 - # of clients receiving clinical services for the first time
 - # of clients accessing non-clinical or preventative care (E.g., anger/stress management, social/emotional learning sessions)
- Indicator: # and % of parents/caregivers know the importance of having informal and mutual support networks of friends, family, and neighbors
 - Required Outputs
 - # of Asian children 0-18 in the home
 - # of Black children 0-18 in the home
 - # of Hispanic children 0-18 in the home
 - # of Multiracial children 0-18 in the home
 - # of Native American children 0-18 in the home
 - # of Pacific Islander children 0-18 in the home
 - # of White children 0-18 in the home
 - Additional Outputs
 - # of parents/caregivers know how reliable, safe, and appropriate friends, family members, and neighbors can provide their families with support when they need it
 - # of parents/caregivers know their personal need for support
 - # of parents/caregivers engaged in peer support
 - # of parents/caregivers involved in support groups
 - # of parents/caregivers participating in conversation cafes
 - # of parents/caregivers involved in play groups

Narrative Questions

- Please provide any evidence on how your funded project will contribute to reducing racial/ethnic and or socioeconomic disparities for mental and behavioral health issues.
- In your proposed budget, do you anticipate needing flexibility to provide concrete supports to clients? If so, list the anticipated needs here. Be aware this type of flexibility should not exceed 10% of your total grant award. Please indicate this in the program supplies line item and in the budget narrative.
- Please provide a list of your existing partnerships that will be associated with this funded project. How do you plan on strengthening these existing partnerships?
- Please identify ways you will promote parent involvement in your agency's decision-making activities.