

FY 26-28 Request for Proposals

Healthy Community: Child Well-Being-Preventing Maltreatment and Building Healthier Families Through Mental Health and Trauma Responsive Services

Metric Document

Outcome statements:

Children and adults who have experienced trauma and/or maltreatment will have increased support available.

Fewer children ages 0-5 will experience maltreatment.

Parents & caregivers will have increased access to support that reduces stress and risk of child maltreatment or additional maltreatment.

Applicants must select at least one outcome statement and measure at least one indicator along with the required outputs and a minimum of two additional outputs.

Outcome Statement: *Children and adults who have experienced trauma and/or maltreatment will have increased support available*

- Indicator: # and % of individuals receiving care from this funded project
 - Required Outputs:
 - # of Asian adults
 - # of Black adults
 - # of Hispanic adults
 - # of Multiracial adults
 - # of Native American adults
 - # of Pacific Islander adults
 - # of White adults
 - # of Asian children 0-18
 - # of Black children 0-18
 - # of Hispanic children 0-18
 - # of Multiracial children 0-18
 - # of Native American children 0-18
 - # of Pacific Islander children 0-18
 - # of White children 0-18
 - Additional Outputs:
 - # of individuals served with access to mental health services
 - # of individuals receiving mental health services for the first time
 - # of individuals accessing non-clinical or preventative care (E.g., anger/stress management, social/emotional learning sessions)
 - # of days on average from first contact until initial assessment/evaluation
 - # of crisis prevention and safety plans implemented
 - # of services provided in-office

- # of services provided in-home (includes telehealth)
 - # of services provided in alternative locations (ex. schools, churches, community centers)
 - # of individuals provided with language translation
 - # of children 0-5 in substitute care
 - # of children 6-18 in substitute care
 - # of wellness checks provided
 - # of volunteer contacts with individuals in children's case(s)
 - # of children in stable placement
 - # of individuals receiving a forensic interview
 - # of children receiving advocacy or support services
 - # of adults receiving advocacy or support services
- Indicator: # and % families engaged in **intervention services** which reduce harm and prevent additional or repeated maltreatment
 - Required Outputs:
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-18
 - # of Black children 0-18
 - # of Hispanic children 0-18
 - # of Multiracial children 0-18
 - # of Native American children 0-18
 - # of Pacific Islander children 0-18
 - # of White children 0-18
 - Additional Outputs:
 - # of individuals served with access to mental health services
 - # of counseling/alternative counseling sessions
 - # of crisis intervention services provided
 - # of crisis prevention and safety plans implemented
 - # of children receiving advocacy or support services
 - # of adults receiving advocacy or support services
 - # of anger management sessions
 - # of parenting skill development/parent education sessions
 - # of home visits
 - # of children 0-5 in substitute care
 - # of children 6-18 in substitute care

- Indicator # and % of individuals demonstrate understanding of their own emotional, psychological, and social well-being
 - Required Output
 - # of Asian adults
 - # of Black adults
 - # of Hispanic adults
 - # of Multiracial adults
 - # of Native American adults
 - # of Pacific Islander adults
 - # of White adults
 - # of Asian children 12-18
 - # of Black children 12-18
 - # of Hispanic children 12-18
 - # of Multiracial children 12-18
 - # of Native American children 12-18
 - # of Pacific Islander children 12-18
 - # of White children 12-18
 - Additional Outputs
 - # of clients with increased self-reported emotional intelligence
 - # of clients with increased report of resilience
 - # of clients with increased # of or quality of social connections
 - # of clients with increased self-care identified and implemented
 - # of visits by clients receiving care from this funded project
 - # of individuals served with access to mental health services
 - # of individuals receiving mental health services for the first time
 - # of clients accessing non-clinical or preventative care (E.g., anger/stress management, social/emotional learning sessions)
 - # of children 0-5 in substitute care
 - # of children 6-18 in substitute care

- Indicator: # and % of parents/caregivers know the importance of having informal and mutual support networks of friends, family, and neighbors
 - Required Outputs
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-18
 - # of Black children 0-18
 - # of Hispanic children 0-18
 - # of Multiracial children 0-18

- # of Native American children 0-18
- # of Pacific Islander children 0-18
- # of White children 0-18
- Additional Outputs
 - # of parents/caregivers know how reliable, safe, and appropriate friends, family members, and neighbors can provide their families with support when they need it
 - # of parents/caregivers know their personal need for support
 - # of parents/caregivers involved in support groups
 - # of parents/caregivers involved in play groups

Outcome Statement: *Fewer children ages 0-5 will experience maltreatment*

- Indicator: # and % of parents/caregivers of children 0-5 demonstrating increased parenting knowledge of healthy child development
 - Required Outputs:
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-5
 - # of Black children 0-5
 - # of Hispanic children 0-5
 - # of Multiracial children 0-5
 - # of Native American children 0-5
 - # of Pacific Islander children 0-5
 - # of White children 0-5
 - Additional Outputs:
 - # of counseling/alternative counseling sessions
 - # of crisis prevention and safety plans implemented
 - # of parenting skill development/parent education sessions (Includes: peer support, support groups, conversation cafes, anger management)
 - # of home visits
 - # of respite services provided
 - # of parents/caregivers understand how anxiety, exhaustion, depression, anger, and other stressors can affect their ability to parent
- Indicator: # and % of parents/caregivers know how to create a physically and emotionally safe home environment for their children
 - Required Outputs:
 - # of Asian parents/caregivers

- # of Black parents/caregivers
- # of Hispanic parents/caregivers
- # of Multiracial parents/caregivers
- # of Native American parents/caregivers
- # of Pacific Islander parents/caregivers
- # of White parents/caregivers
- # of Asian children 0-5
- # of Black children 0-5
- # of Hispanic children 0-5
- # of Multiracial children 0-5
- # of Native American children 0-5
- # of Pacific Islander children 0-5
- # of White children 0-5
- Additional Outputs
 - # of parents/caregivers know how to select appropriate caregivers, including respite providers, for their children
 - # of parents/caregivers know where to get help when they are experiencing stress (respite programs, anger management classes, mental health counseling, parent support groups, reliable friends and family members, etc.)
 - # of parents/caregivers can describe healthy methods to reduce stress
 - # of parents/caregivers develop a plan to create a child-safe home
 - # of parents/caregivers can describe how to solve problems effectively and assertively without aggression or violence

Outcome Statement: *Parents & caregivers will have increased access to support that reduces stress and risk of child maltreatment or additional maltreatment*

- Indicator: # and % of parents/caregivers in homes where crisis is prevented or no longer in crisis
 - Required Outputs:
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-18
 - # of Black children 0-18
 - # of Hispanic children 0-18
 - # of Multiracial children 0-18
 - # of Native American children 0-18
 - # of Pacific Islander children 0-18
 - # of White children 0-18
 - Additional Outputs:

- # of parenting skill development/parent education sessions
 - # of home visits
 - # of crisis prevention and safety plans implemented
 - # of parents/caregivers are aware of the crisis nurseries or emergency respite programs in their community
 - # of parents/caregivers know how to access emergency shelter, crisis care, or domestic violence programs as needed to keep their children and themselves safe
 - # of parents/caregivers gaining access to formal support systems in their communities
 - # of individuals served with access to mental health services
- Indicator: # and % families engaged in **intervention services** which reduce harm and prevent additional or repeated maltreatment
 - Required Outputs:
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-18
 - # of Black children 0-18
 - # of Hispanic children 0-18
 - # of Multiracial children 0-18
 - # of Native American children 0-18
 - # of Pacific Islander children 0-18
 - # of White children 0-18
 - Additional Outputs:
 - # of individuals served with access to mental health services
 - # of counseling/alternative counseling sessions
 - # of crisis intervention services provided
 - # of crisis prevention and safety plans implemented
 - # of children receiving advocacy or support services
 - # of adults receiving advocacy or support services
 - # of anger management sessions
 - # of parenting skill development/parent education sessions
 - # of home visits
 - # of children 0-5 in substitute care
 - # of children 6-18 in substitute care
- Indicator: # and % of parents/caregivers know the importance of having informal and mutual support networks of friends, family, and neighbors

- Required Outputs
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-18
 - # of Black children 0-18
 - # of Hispanic children 0-18
 - # of Multiracial children 0-18
 - # of Native American children 0-18
 - # of Pacific Islander children 0-18
 - # of White children 0-18
- Additional Outputs
 - # of parents/caregivers know how reliable, safe, and appropriate friends, family members, and neighbors can provide their families with support when they need it
 - # of parents/caregivers know their personal need for support
 - # of parents/caregivers involved in support groups
 - # of parents/caregivers involved in play groups

Narrative Questions

- Please provide any evidence on how your funded project will contribute to reducing racial/ethnic and or socioeconomic disparities for mental and behavioral health issues.
- In your proposed budget, do you anticipate needing flexibility to provide tangible resources and/or direct financial assistance to individuals/families to meet their basic needs and promote well-being? If so, list the anticipated needs here. Be aware this type of flexibility should not exceed 10% of your total grant award. Please indicate this in the Program Budget supplies line item and in the Budget Narrative.
- Please provide a list of your existing partnerships that will be associated with this funded project. How do you plan on strengthening these existing partnerships?
- Please identify ways you will promote parent/caregiver involvement in your agency's decision-making activities.