FY 26-28 Request for Proposals: Child Well-Being-Preventing Maltreatment and Building Healthier Families Through Mental Health and Trauma Responsive Services

Metric Document

Outcome statements:

Fewer children ages 0-5 will experience maltreatment.

Parents & caregivers will have increased access to support that reduces stress and risk of child maltreatment or additional maltreatment.

Children and adults who have experienced trauma and/or maltreatment will have increased support available.

Applicants must select <u>at least one</u> outcome statement and measure <u>at least one</u> indicator along with the required outputs and a minimum of two additional outputs.

Outcome Statement: Fewer children ages 0-5 will experience maltreatment

- Indicator: # and % of parents/caregivers of children 0-5 demonstrating increased parenting knowledge of healthy child development
 - Required Outputs:
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-5
 - # of Black children 0-5
 - # of Hispanic children 0-5
 - # of Multiracial children 0-5
 - # of Native American children 0-5
 - # of Pacific Islander children 0-5
 - # of White children 0-5
 - Additional Outputs:
 - # of counseling/alternative counseling sessions
 - # of crisis prevention and safety plans implemented
 - # of parenting skill development/parent education sessions (Includes: peer support, support groups, conversation cafes, anger management)
 - # of home visits
 - # of respite services provided
 - # of parents/caregivers understand how anxiety, exhaustion, depression, anger, and other stressors can affect their ability to parent

- Indicator: # and % of parents/caregivers know how to create a physically and emotionally safe home environment for their children
 - Required Outputs:
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-5
 - # of Black children 0-5
 - # of Hispanic children 0-5
 - # of Multiracial children 0-5
 - # of Native American children 0-5
 - # of Pacific Islander children 0-5
 - # of White children 0-5
 - Additional Outputs
 - # of parents/caregivers know how to select appropriate caregivers, including respite providers, for their children
 - # of parents/caregivers know where to get help when they are experiencing stress (respite programs, anger management classes, mental health counseling, parent support groups, reliable friends and family members, etc.)
 - # of parents/caregivers can describe healthy methods to reduce stress
 - # of parents/caregivers develop a plan to create a child-safe home
 - # of parents/caregivers can describe how to solve problems effectively and assertively without aggression or violence

Outcome Statement: Parents & caregivers will have increased access to support that reduces stress and risk of child maltreatment or additional maltreatment

- Indicator: # and % of parents/caregivers in homes where crisis is prevented or no longer in crisis
 - Required Outputs:
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-18
 - # of Black children 0-18
 - # of Hispanic children 0-18

- # of Multiracial children 0-18
- # of Native American children 0-18
- # of Pacific Islander children 0-18
- # of White children 0-18
- Additional Outputs:
 - # of parenting skill development/parent education sessions
 - # of home visits
 - # of crisis prevention and safety plans implemented
 - # of parents/caregivers are aware of the crisis nurseries or emergency respite programs in their community
 - # of parents/caregivers know how to access emergency shelter, crisis care, or domestic violence programs as needed to keep their children and themselves safe
 - # of parents/caregivers gaining access to formal support systems in their communities
 - # of individuals served with access to mental health services
- Indicator: # and % families engaged in **intervention services** which reduce harm and prevent additional or repeated maltreatment
 - Required Outputs:
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-18
 - # of Black children 0-18
 - # of Hispanic children 0-18
 - # of Multiracial children 0-18
 - # of Native American children 0-18
 - # of Pacific Islander children 0-18
 - # of White children 0-18
 - Additional Outputs:
 - # of individuals served with access to mental health services
 - # of counseling/alternative counseling sessions
 - # of crisis intervention services provided
 - # of crisis prevention and safety plans implemented
 - # of children receiving advocacy or support services
 - # of adults receiving advocacy or support services
 - # of anger management sessions
 - # of parenting skill development/parent education sessions
 - # of home visits

- # of children 0-5 in substitute care
- # of children 6-18 in substitute care
- Indicator: # and % of parents/caregivers know the importance of having informal and mutual support networks of friends, family, and neighbors
 - Required Outputs
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-18
 - # of Black children 0-18
 - # of Hispanic children 0-18
 - # of Multiracial children 0-18
 - # of Native American children 0-18
 - # of Pacific Islander children 0-18
 - # of White children 0-18
 - Additional Outputs
 - # of parents/caregivers know how reliable, safe, and appropriate friends, family members, and neighbors can provide their families with support when they need it
 - # of parents/caregivers know their personal need for support
 - # of parents/caregivers involved in support groups
 - # of parents/caregivers involved in play groups

Outcome Statement: Children and adults who have experienced trauma and/or maltreatment will have increased support available

- Indicator: # and % of individuals receiving care from this funded project
 - Required Outputs:
 - # of Asian adults
 - # of Black adults
 - # of Hispanic adults
 - # of Multiracial adults
 - # of Native American adults
 - # of Pacific Islander adults
 - # of White adults
 - # of Asian children 0-18
 - # of Black children 0-18
 - # of Hispanic children 0-18
 - # of Multiracial children 0-18

- # of Native American children 0-18
- # of Pacific Islander children 0-18
- # of White children 0-18
- Additional Outputs:
 - # of individuals served with access to mental health services
 - # of individuals receiving mental health services for the first time
 - # of individuals accessing non-clinical or preventative care (E.g., anger/stress management, social/emotional learning sessions)
 - # of days on average from first contact until initial assessment/evaluation
 - # of crisis prevention and safety plans implemented
 - # of services provided in-office
 - # of services provided in-home (includes telehealth)
 - # of services provided in alternative locations (ex. schools, churches, community centers)
 - # of individuals provided with language translation
 - # of children 0-5 in substitute care
 - # of children 6-18 in substitute care
 - # of wellness checks provided
 - # of volunteer contacts with individuals in children's case(s)
 - # of children in stable placement
 - # of individuals receiving a forensic interview
 - # of children receiving advocacy or support services
 - # of adults receiving advocacy or support services
- Indicator: # and % families engaged in **intervention services** which reduce harm and prevent additional or repeated maltreatment
 - Required Outputs:
 - # of Asian parents/caregivers
 - # of Black parents/caregivers
 - # of Hispanic parents/caregivers
 - # of Multiracial parents/caregivers
 - # of Native American parents/caregivers
 - # of Pacific Islander parents/caregivers
 - # of White parents/caregivers
 - # of Asian children 0-18
 - # of Black children 0-18
 - # of Hispanic children 0-18
 - # of Multiracial children 0-18
 - # of Native American children 0-18
 - # of Pacific Islander children 0-18
 - # of White children 0-18
 - Additional Outputs:
 - # of individuals served with access to mental health services
 - # of counseling/alternative counseling sessions

- # of crisis intervention services provided
- # of crisis prevention and safety plans implemented
- # of children receiving advocacy or support services
- # of adults receiving advocacy or support services
- # of anger management sessions
- # of parenting skill development/parent education sessions
- # of home visits
- # of children 0-5 in substitute care
- # of children 6-18 in substitute care
- Indicator # and % of individuals demonstrate understanding of their own emotional, psychological, and social well-being
 - Required Output
 - # of Asian adults
 - # of Black adults
 - # of Hispanic adults
 - # of Multiracial adults
 - # of Native American adults
 - # of Pacific Islander adults
 - # of White adults
 - # of Asian children 12-18
 - # of Black children 12-18
 - # of Hispanic children 12-18
 - # of Multiracial children 12-18
 - # of Native American children 12-18
 - # of Pacific Islander children 12-18
 - # of White children 12-18
 - Additional Outputs
 - # of clients with increased self-reported emotional intelligence
 - # of clients with increased report of resilience
 - # of clients with increased # of or quality of social connections
 - # of clients with increased self-care identified and implemented
 - # of visits by clients receiving care from this funded project
 - # of individuals served with access to mental health services
 - # of individuals receiving mental health services for the first time
 - # of clients accessing non-clinical or preventative care (E.g., anger/stress management, social/emotional learning sessions)
 - # of children 0-5 in substitute care
 - # of children 6-18 in substitute care
- Indicator: # and % of parents/caregivers know the importance of having informal and mutual support networks of friends, family, and neighbors
 - Required Outputs
 - # of Asian parents/caregivers

- # of Black parents/caregivers
- # of Hispanic parents/caregivers
- # of Multiracial parents/caregivers
- # of Native American parents/caregivers
- # of Pacific Islander parents/caregivers
- # of White parents/caregivers
- # of Asian children 0-18
- # of Black children 0-18
- # of Hispanic children 0-18
- # of Multiracial children 0-18
- # of Native American children 0-18
- # of Pacific Islander children 0-18
- # of White children 0-18
- Additional Outputs
 - # of parents/caregivers know how reliable, safe, and appropriate friends, family members, and neighbors can provide their families with support when they need it
 - # of parents/caregivers know their personal need for support
 - # of parents/caregivers involved in support groups
 - # of parents/caregivers involved in play groups

Narrative Questions

- Please provide any evidence on how your funded project will contribute to reducing racial/ethnic and or socioeconomic disparities for mental and behavioral health issues.
- In your proposed budget, do you anticipate needing flexibility to provide tangible resources and/or direct financial assistance to individuals/families to meet their basic needs and promote well-being? If so, list the anticipated needs here. Be aware this type of flexibility should not exceed 10% of your total grant award. Please indicate this in the Program Budget supplies line item and in the Budget Narrative.
- Please provide a list of your existing partnerships that will be associated with this funded project. How do you plan on strengthening these existing partnerships?
- Please identify ways you will promote parent/caregiver involvement in your agency's decisionmaking activities.